



New Hampshire CHAPTER E

Cyprus Grove Restaurant
ROUTE 119 Rindge, N.H.
MONTHLY MEETING - 8:00 A.M.
LAST SUNDAY OF THE MONTH
"WHERE GOOD FRIENDS MEET"
Webpage <http://www.gwrranhe.com>

May 2009

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NH-E Director's Message



Wow, it is the end of May already. Can you believe it? Our riding season is in full swing. We have been lucky enough to only have one rain out so far. With any luck we will not have too many more. It's so great to get out there on the road with a group of good friends.

I'd like to point out to those of you who have not noticed but Webmaster Steve has set up a new page on our website where you can download all the event flyers so that we won't have them making the newsletter too long.

A lot of the upcoming events are accepting pre-registrations (including our own Hobo Stew - hint, hint). It helps out the host chapter when you preregister so that they have an idea how many people to expect. It also makes it easier and faster for you when you arrive at the event since all the paperwork has been completed and in many cases you might save a buck or two. Please consider sending in your preregistrations.

Our get-together this month will include a co-rider seminar right after an abbreviated meeting. The seminar will be given by Bob and Hazel Young and will qualify them as Rider Ed Seminar Presenters. The co-rider seminar includes a new co-rider video and a lot of great information. We hope that everyone will be able to attend. An added bonus to you will be that this seminar will assist you in the levels program, and qualify co-riders for Level II if they have completed Level I.

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Speaking of Rider Ed, it is with sadness that we announce that Paul Zamitis has decided to step down as our NH-E Chapter Educator. Paul has held this position for many years and has taught us many things on numerous subjects. His knowledge and helpful tips have helped to keep us safe and upright. Thank you, Paul, for all your time and effort, which has been greatly appreciated by all. We will miss your guidance, but we look forward to continuing to see you and your lovely wife at our meetings and events.

NH-K let us know that they will be hosting an American Truckers Association “Share the Road” program on Saturday, June 27th at the Blessing of the Bikes in Colebrook, NH. This event will show participants the importance of how to pass a truck safely and quickly. The ‘Share the Road’ truck will be parked in the grassy parking area along Rte. 3 where everyone will notice it. All visitors are invited to climb up into the cab to get a better picture of what the driver can/cannot see while you are near him in the passing lane.

NH-K is also participating in Pembroke, NH’s 250th Anniversary Parade on Saturday, August 22nd. They are planning to include a contingent of Goldwings in the parade and have invited all of us to join them. It sounds like a great time.

On a serious note, we should all pause to think about Memorial Day. Memorial Day was originally called Decoration Day, is a day of remembrance for those who have died in our nation's service. Memorial Day was officially proclaimed on 5 May 1868 by General John Logan, national commander of the Grand Army of the Republic and was first observed on 30 May 1868, when flowers were placed on the graves of Union and Confederate soldiers at Arlington National Cemetery. Now that we are hearing all too frequently that another service man or woman has died protecting our freedom we need to take a moment to reflect on those that have made the ultimate sacrifice. To them, their families and to all that have served or who are currently serving our great nation, saying “Thank You” seem inadequate but we do thank you from the bottom of our hearts. Bless You!

Ride Safe,
Ted & Karen



Assistant Director’s Message

Hey All! We just wanted to say a quick thanks to Ted & Karen for taking Steve & I on as Assistant Chapter Directors. It was a nice surprise.

Yesterday (the Mother’s Day ride) was a very nice first ride for me. Ted led us on a nice ride to Willmington, VT where we got a lesson on Vermont Cheddar cheese-ology from the owner of the Country Store. I thought that was pretty nice of him to do that. We got a taste test from this huge wheel of real Vermont Cheddar Cheese. Being brought up close to this area I found it to be a taste of home. Just like going through farm country and the smell of cows...very much a homey feeling.

Kudos again to Ted and Karen for a job well done in making this ride a memorable, fun and safe one. Unfortunately since the weather which was rather brisk, I was unable to take pictures with my heated gloves on. Steve and I also

got our first experience being the tail gunner. Sorry if I messed up on some of the terminology. I guess I will get better with age (like the cheese)...

As most of you know, the reason that I was unable to go to the kick off breakfast was because I was with my niece as she was having her baby. Dustin Alexander Gowen entered the world on Saturday April 25th at 2:05 PM (after 55 hours of labor). He weighed in at 7 pounds 1.01 oz. and 19 1/2 inches long. He is a beautiful little dude. But of course this is to be expected since he comes from my family gene pool. ☺

Thanks again Ted & Karen. We are here at the ready if there is anything you need.

We are looking forward to more fun & safe rides.

Steve & Roxanne



Chapter Educator:

T-CLOCK - This is an acronym that describes an overall safety inspection of the motorcycle. While this is a much more extensive inspection than you would make at a rest stop, this will give you an idea of what you should be looking for and checking in most aspects of the motorcycle to maintain proper operations or alter you to improper operations. The checklist that covers the inspection called T-CLOCK is available on the GWRRA and the NH-E websites.

Here is **T-CLOCK** in a nutshell:

- T** – Tires and Wheels – inspect condition of front and rear tires (pressure & tread), wheels, rims, bearings and seals.
- C** – Controls – this covers the condition of levers, cables, hoses and throttle.
- L** – Lights – inspection of lights, lenses, reflectors, wiring and headlight reflector; also, check the aim of the headlight (right/left and height).
- O** – Oil – check levels and for leaks in engine oil, rear end gear oil, hydraulic brake fluid, coolant and fuel.
- C** – Chassis – inspect frame, steering head bearings, swing arm and suspension.
- K** – Kickstand – inspect center stand and side stand for cracks and bent parts. Maintain proper tension on springs to keep stand in place when folded up. Also, make sure the engine stops with the bike in gear and the side stand extended.

The T-CLOCK form has more extensive descriptions of the inspections suggested above. Whether you use T-CLOCK or your own experience with your inspections and making sure the bike is ride-worthy, I encourage each of you to routinely go over your bikes or have a mechanic do it for you if you are so inclined.

The crucial point is that we have a new riding season ahead of us, and some bikes have been sitting for the entire winter. Before you take off for the next weekend jaunt or cross-country trip, make sure the bike is as ready as you are. It may well be the most important time you spend preparing for your next trip. Above all else when you start riding this spring, be **extra** vigilant. Remember the 4-wheel drivers haven't seen many motorcycles for four or so months. They are **not** looking for you. You must look out for them! Be careful as the streets are extra dangerous this time of year! Furthermore, remember you are not as good as you were last fall. We are rusty after the long winter hiatus. Don't head off into busy traffic right off the bat. Go down some empty country roads. Do some

practice in an empty parking lot. Practice what you learned at your last ERC. Turn, brake and swerve – you remember. Ease into the riding season!

Ted Zitnay
Acting Chapter Educator



Newsletter Editor:

Well needless to remind you the weather is not co-operating well for riding. Hope it is not another wash out week end year. I am waiting to ride new pills are helping and I miss all of you and our fun times. It'll take time I know but it's been 2 years now so it should be getting sick of being with me

Paul has been keeping me posted when he comes from the get-togethers however I hope to get there soon.

So long for now not a lot of news to share.

Thinking of you and hope all of you think of me.

Loretta Zamitis, N H E editor



District Notes:

Riding season is finally here!! Oh to feel the wind on your face and the freedom of riding on the wing! A group of NH members went to visit RIB, for their kick-off breakfast. It was a great day for a ride and a great breakfast. An awesome time was had by everyone, and judging by the crowd of people attending, everyone was ready to kick into riding season! Luckily for Rhode Island., many members had pre registered for the event and the Chapter knew in advance approximately how many people were attending.

We would like to take a minute to encourage members to pre register for GWRRA events. When you register in advance, you are often offered a discounted price. The pre-registering form assists the host chapter with planning the number of attendees. At some events such as the Rally, if you register early you may be entered into a raffle for

an additional prize. Our favorite part of pre registering is that when you get there you can begin to socialize with all the other guests immediately and not take time completing the registration form.

District Directors and other rally staff organizers met in April to discuss the upcoming District rally in July. Our registration numbers are down and we would like to encourage you to join the rally for a good time, close to home.

We realize the poor economy has affected everyone, and that all of us need to make careful decisions as to what activities to enjoy this year. Please consider attending the rally; it is a fun time and offers some beautiful coastal rides. New Hampshire's District Couple of the Year, Sue and Dave Perrin will be competing for the regional Couple of the Year, so let's show them our support! Remember New Hampshire will be hosting the rally next year, and supporting other Districts will help ensure we have a successful rally in 2010. Please remember that every chapter is responsible to provide two door prizes, valued at \$10.00 or more. If possible we would like them by July 1st

We now have three more certified seminar presenters; Pat Thibaudeau, and Karen and Ted Zitnay of Chapter NHE. **Congratulations!!** Our own District Educator, Duncan Saunders, came down from Nashua to observe and certify them. Thank You Duncan! Seminar presenters are available to travel to Chapter meetings to present information on various safety topics, including team riding, co riding, and trailer towing.

We would like to thank Kevin and Georgia Leblond, Assistant Chapter Directors of MAA, and Gale and George Mayo, Massachusetts District Directors, for sending us the N12 Emergency Information Form which can be found on the www.gwrramass.org web site. The form can be completed on line and printed to store in your bike. You may also want to give your Chapter Directors a copy of the completed form. (Officers sign a memorandum of understanding regarding confidentiality, so all info will be kept confidential).

In closing we would like to wish all our Mother's a Happy Mother's Day, and please remember to join us in honoring all of our fallen armed forces on Memorial Day.

Ride Safe, Ride often, *Pat and Dick*



District Educator Message:

(Taken from GWRRA Rider Ed Website)

By Tom Durham Texas Y2 Educator

Riding in Blind Spots: One of the most dangerous mistakes motorcyclists make is to linger in other driver's blind spots. Motorcycles easily disappear in the invisible area between typical car and truck mirror coverage. Few drivers seem practice head checks to determine if a lane change is safe. A motorcyclist is riding along, and all of a sudden a vehicle is coming into their lane. A rule of thumb is to ride through blind spots. Also, avoid changing lanes into a driver's blind spot and position your motorcycle within your lane to ensure optimum visibility in traffic.

Trying to Keep Up: Group rides can be a lot of fun. But too many times, group rides turn sour as inexperienced or less skilled riders' crash trying to keep up with the group. This often happens if a rider is afraid of losing touch with the group, or appears less capable than the others. It's important for group leaders to have a plan that keeps

the group together and to assure slower riders that they won't be left behind. It's also important for individuals to recognize when they are being influenced by the need to stay with the group. You are responsible to ride within your limits. But, you must inform your group leader of your concerns.

Accelerating Through An Intersection: It is tempting to twist the throttle through an intersection to try and beat a red light. It's a reflex many of us have, and even the smartest riders have been known to do it. The problem is that intersections are the number one location where crashes occur. It's important to remember that motorcycles have small visual impact and can be lost in surrounding traffic. The small frontal profile not only makes us harder to see, it can also make it more difficult for others to judge our distance and approach speed. Keeping this in mind, you can see why drivers often pull out in front of motorcycles, thinking it is safe to proceed. The lesson here is that increasing your speed through intersections is a "bad idea".

Stopping Too Close To the Vehicle In Front Of You:

Too many riders position themselves poorly for escape when stopping behind vehicles at a stoplight or stop sign. Give yourself plenty of room to maneuver in case a driver approaching from the rear can't stop in time. This means positioning your motorcycle well away from the vehicle in front and to one side (usually the left portion of your lane). This position allows room to move forward, past the car in front and has the added benefit of keeping your tires off the often slippery center part of the lane. Be sure to keep your eyes on your mirrors to monitor vehicles approaching from the rear. Keep your motorcycle in first gear so you can respond quickly if necessary.

Signaling Too Late: Miscommunication is a major cause of traffic-related mishaps. One of the most common examples of this is slowing down or maneuvering before signaling your intent, which forces surrounding traffic to guess what you are up to. Well-timed communication ensures that traffic around you is not surprised by your actions. Remember, simply rolling off the throttle may slow your motorcycle enough to require the typical car driver behind you to brake, but he doesn't know what you are going to do. Signal three to five seconds prior to turning and activate your brake light early to alert drivers of a change in direction or speed.

Leaving Riding Gear At Home: It is easy to leave your riding jacket, gloves, boots, or helmet on the shelf for a short trip to the local store or restaurant. But many crashes happen close to home, and at relatively low speeds. It doesn't take much of an accident to render yourself brain-dead without some head protection. And road rash is no laughing matter either; a simple low speed fall can do a lot of damage to your epidermis without the benefit of sturdy protection. Wide skin abrasion can easily turn into infection, and the risk of lethal septic shock. Do yourself a favor and make riding gear a habit, no matter how short the trip. Can you see how easy it is to pick up any of these **BAD IDEAS**? And how little effort it takes to turn them all into **GOOD IDEAS**!

Duncan Saunders



Regional Notes:



We do it for the FUN of it all! That's what we tell ourselves every year. Based on our first event of the riding season, it appears that 2009 will be no exception.

We opened our riding season in the northern section of our Northeast Region, last weekend, with our home Chapter, Rhode Island Chapter B hosting their annual Kick-off Breakfast. Plus Mother Nature gave them a Kick at the same time by sending them a massive dose of beaming sunshine with high temperatures reaching a record breaking 89 degrees in the Ocean State. Because of the early forecast for such remarkable weather, an unprecedented 250 bikers came in droves, just to share a scrumptious breakfast with fellow Gold Wings. A remarkable eight of our eleven districts were represented at this traditional yearly event. It does our hearts good to see the friendships, camaraderie and support that this entire Region is sharing with each other. Because, when all is said and done, that is our reward, our goal and the FUN reason why we do what we do; watching our region grow with Friends, Fun, Safety and Knowledge. It's well worth it.

With that being said, we look forward to the beginning of what we hope and believe will be an even better riding season ever, despite the economic problems our country and members face each day. Using GWRRA as an outlet to forget our problems and just go out, ride, meet friends and leave our problems in the driveway, even if it is only for a day, an evening, or an hour, is all we need to keep going, despite what is happening around us.

So, let us work together during these next few months, and enjoy each others company and friendship, by trying to meet as many of our region family members as possible. Even if we can add only one new event this year, make it worthwhile and support your chapter, district and region with your presences. Don't be afraid to trespass over district lines and mingle with fellow region members. You will all the richer for it. So, it begins! Our next venture is to Lake George, New York for Americade, June 1-6th. We understand many of our region members are planning on attending this, "the world's largest multi-brand motorcycle touring rally" attracting over 50,000 annually. We have been attending Americade for over 20 years and each year it gets better and better. We meet many old friends while making new friends and constantly enjoying some great reunions as well. So, if you are planning on attending Americade sometime during the week, look for us. We will be either at the Expo, around the GWRRA booth, under the bridge, (NEAR THE FOOD COURT) or walking along Canada Street in the evening, in search for the best ice cream in town.

After a couple of days home to do the laundry and house work, we will be packing for Wing Ding. Yes, Tulsa, already! Where did the summer go? Well, we look forward to seeing everyone at a district event or somewhere on the road there between, 'till next month.

Regards,
Lorraine & Earl



National Notes:



“Thank you” just doesn’t seem adequate for all you do.

“We make a living by what we do, but we make a life by what we give.” -Winston Churchill

In observance of Volunteer Recognition Day, I want to take this opportunity to thank all the Volunteers of GWRRRA. You, the Volunteers, are the key to our success, and we are fortunate to have the best volunteers around. Volunteers who put in countless hours: some by phone, some by computer, others by traveling and donating time at rallies. Many of you put in endless hours working behind the scenes, never asking for recognition or even a thank you. Your willingness to unselfishly share your time with other Members has enriched many lives. You always rise to the occasion and manage to go that extra mile for fellow Members. For your hard work and dedication to GWRRRA, I thank you from the bottom of my heart.

Melissa Eason
Executive Director



Upcoming Events (see the ride schedule for more details):

- June 3 Day Ride to Americade
- June 7 Rod’s Ride – New Hampshire
- June 13-14 Aerodrome – Rhinebeck, NY (Overnight)
- June 14 Pick-up Ride
- June 20 MA-M Fund Raiser
- June 21 Bellow’s Falls or Manchester, VT (Antique Cars)
- June 26-28 Blessing of the Bikes (Colebrook, NH)
- June 28 NE-E Get-together with ride to Woodstock / Quechee VT



**MAY IS
NATIONAL STROKE
AWARENESS MONTH**

Want to help reduce the impact of stroke? Spread awareness about [stroke symptoms](#) so everyone quickly recognizes them and immediately calls 911. Use the F.A.S.T. method for recognizing [symptoms](#).

- F = FACE** Ask the person to smile. Does one side of the face droop?
- A = ARM** Ask the person to raise both arms. Does one arm drift downward?
- S = SPEECH** Ask the person to repeat a simple phrase. Does the speech sound slurred or strange?
- T = TIME** If you observe any of these signs, it's time to call 9-1-1.



Birthdays in June

David Whitcomb	6/8
France Roy	6/12

Anniversaries in June

Bruce & Margo Koch	6/3
Roy & Bev Bushey	6/11
Steve & Roxanne Provencher	6/16

Birthdays in July

Bruce Koch	7/26
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Anniversaries in July

Moe & Sharon Bailey	7/17
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June 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Day Ride to Americade Bruce & Margo's Anniversary	4	5	6
7 Rod's Ride	8 Dave Whitcomb's Birthday	9	10	11 Roy & Bev's Anniversary	12 France Roy's Birthday	13 Aerodrome overnight ride
14 Flag Day Pick-up Ride	15	16 Steve & Roxanne's Anniversary	17	18	19	20 MA-M Cruising for a Cure
21 Father's Day Bellows Falls / Manchester VT	22	23	24	25	26	27
28 NH-E Breakfast 8:00 Cyprus Grove Woodstock VT	29	30				

July 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Wing Ding	3 Wing Ding	4  Independence Day Wing Ding
5 Granite Quarry / Hope Cemetary - Barre VT	6	7	8	9	10	11
12 A&W Ride / Vergennes Craft Fair	13	14	15	16 New England Rally	17 New England Rally	18 New England Rally
19 Weston Country Store	20	21	22	23	24	25
26 Bruce Koch's Birthday NH-E Breakfast 8:00 Cyprus Grove MA-F Fund Raiser	27	28	29	30	31	